

# LUNCH MENU

## brunch

from 10am-2pm daily

### POACHED CROOM FREE RANGE HENS EGG

rigneys farm black pudding hash, seasonal salad, spiced ballyneety cherry tomato relish, chili, mustard dressing

**€14.95**  
1, 7, 8, 12, 14

### THE TREATY CITY EGG FLORENTINE

poached limerick eggs on new leaf urban farm spinach, toasted sodalicious cheddar & chive soda bread, hollandaise sauce

**€14.95**  
1, 7, 8, 12,

### AMERICAN STYLE PANCAKES

grilled irish bacon and croom honey or seasonal berries and our home made labneh

**€8.95**  
1, 7, 8, 12

### TOASTED SOURDOUGH BLT

grilled irish bacon, crisp iceberg, plum tomatoes, wild garlic mayo

**€9.95**  
1, 7, 8, 12

### LIMERICK BREAKFAST BURRITTO

free range croom egg, smoked effin cheddar, grilled irish bacon, with our own jalapeno dressing and sweet potato fries

**€10.95**  
1, 7, 8, 12

*All of our beef is of Irish Origin*

## starters

from 12pm-4pm daily

### WARM SKEAGANORE DUCK BREAST SALAD

wild rocket, seasonal leaves, orange & tarragon vinaigrette (duck cooked medium)

**€9.95**  
12, 14

*Also available as a main course €18.95*

### GRILLED BALLYHOURA MUSHROOM BRUSCHETTA

sourdough toast, seasonal leaves, mustard dressing

**€8.95**  
1, 8, 12, 14

### LEAHYS FARM LIMERICK GOAT CHEESE MOUSSE

seasonal salad, pickled ballyneety beetroot, rigneys granola, sourdough croute

**€9.95**  
1, 2, 8, 9, 10, 12

### BBQ CHICKEN WINGS

cashel blue cheese dressing

**€8.95**  
1, 3, 7, 8, 9, 12, 13, 14

## soup and sandwiches

from 12pm-4pm daily

### CHEF'S FRESHLY MADE SOUP OF THE DAY

freshly baked bread

**€6.00**  
*allergens are available on request*

### STRAND SEAFOOD CHOWDER

sodalicious soda bread, dried kelp

**€7.95**  
1, 4, 5, 8, 12, 13

### STRAND CLUB SANDWICH

irish bacon, free range egg, lettuce, tomato, chicken and chunky chips

**€15.95**  
1, 3, 7, 8, 12, 14

### BURREN SMOKEHOUSE SMOKED SALMON

on sodalicious treacle soda bread, red onion, capers, gallagher's red cabbage slaw

**€12.95**  
1, 7, 8, 12, 13

### CHICKEN SALAD SANDWICH

garlic mayo in crusty white loaf, red onion and iceberg

**€8.95**  
1, 7, 8

### MATURE SMOKED LIMERICK CHEDDAR SANDWICH

our own baked ham warmed on sourdough bread with tomato & red pepper relish

**€8.95**  
1, 7, 8, 12, 14

## specials

from 12pm-4pm daily

### CHEFS DAILY SOUP & SANDWICH OF THE DAY

our own freshly baked sourdough .(ask your server for details)

**€10.50**  
*allergens are available on request*

### DISH OF THE DAY

ask your server for details

**€13.95**  
*allergens are available on request*

## mains

from 12pm-4pm daily

### PANFRIED SUPREME OF IRISH CHICKEN

smoked cheddar mashed potato, grilled seasonal vegetables, basil jus

**€17.95**  
1, 5, 8, 9, 12

### CATHAL SEXTONS GOLDEN BATTERED CATCH OF THE DAY

chunky chips, mushy peas and tartar sauce

**€18.95**  
1, 3, 5, 7, 8, 12, 13, 14

### GRILLED TOONSBRIDGE DAIRY HALOUMI

warm marinated new potatoes and summer vegetables, black garlic

**€16.95**  
5, 7, 8, 9, 12, 14

## burgers

from 12pm-4pm daily

### THE LIMERICK BURGER

seamus butlers 6oz (170g) beef burger, smoked effin cheddar, sauté onions, curraghchase wild garlic, newleaf urban farmer tomato relish, brioche bun, served with chunky rooster chips

**€16.95**  
1, 7, 8, 10, 12, 14

### THE MUNSTER BURGER

seamus butlers 6oz (170g) burger, cashel blue cheese, irish bacon, waterford blaa, tomato relish, served with chunky chips

**€16.95**  
1, 7, 8, 10, 12, 14

### THE FISH BURGER

battered fillet of sexton's cod, brioche bun, tartar sauce, iceberg lettuce, strand's cucumber pickle, red onion, twice cooked chips

**€16.95**  
1, 5, 7, 8, 10, 12, 13, 14

### SPICED CHICKEN BURGER

chicken fillet, cajun spice, garlic mayo, iceberg, red onion, chunky chips

**€16.95**  
1, 7, 10, 12, 14

### PLANT BASED BURGER

spiced chickpeas, sweet potato, pickled courgette & cucumber and a beetroot bun served with chunky chips

**€16.95**  
1, 3, 5, 10, 12, 14

## sides €4 each

from 12pm-4pm daily

### CHIPS

1, 3, 12

### SEASONAL LEAVES

with honey & mustard

dressing  
12, 14

### ONION RINGS

1

### SAUTÉED ONIONS

8

### GRILLED SUMMER VEGETABLES

8

### PIRI PIRI CAULI & SMOKED CHEDDAR GRATIN

8

### SWEET POTATO FRIES

1

### NO ADDED GLUTEN BREAD

1

### CAJUN SPICED CHIPS

1, 3, 5, 12

## desserts

from 12pm-4pm daily

### ATTYFLIN APPLE & PECAN CRUMBLE

vanilla ice cream

**€6.50**  
1, 7, 8, 9

### CLEEVES TOFFEE & CHOCOLATE SLICE

scup gelato peanut-butter ice cream

**€6.50**  
1, 2, 7, 8, 9

### SUMMER BERRY TIRAMISU

almond meringue, mascarpone cream (no added gluten)

**€6.50**  
7, 8, 9, 12

### BAKED RHUBARB CHEESECAKE

with bally goats cheese

**€6.50**  
1, 3, 7, 8

### HONEYCOMB SUNDAE

vanilla ice cream, achill island salted cleeves toffee and chocolate sauce, rigneys gluten free granola

**€6.50**  
2, 7, 8, 9, 10, 12

### ICE CREAM SELECTION

please ask your server for todays selection

**€6.50**  
*allergens are available on request*

### SELECTION OF IRISH CHEESE

our own chutney, fresh fruit and crackers

**€8.50**  
1, 2, 5, 8, 9, 10, 12, 14



1 Gluten 2 Peanuts 3 Soya 4 Molluscs 5 Celery 6 Lupin 7 Egg 8 Lactose 9 Nuts 10 Sesame 11 Crustaceans 12 Sulphites 13 Fish 14 Mustard

We handle multiple food allergen ingredients in our kitchen and while we make every effort to prevent cross contamination during prep and service we cannot guarantee the complete absence of allergens. If you suffer from severe food allergies, please let your server know and we can discuss further requirements.